

# Backpacking Essentials

- Backpack
- Rain Cover
- Water Filter
- World Adaptor
- Travel Towel
- Portable Charger
- Padlocks
- Torch
- Packing Cubes
- Eye Mask
- Ear Plugs
- DryBag (optional)
- Penknife
- Duct Tape
- Sunhat & Glasses
- Camera

## Just in Case

- Passport Photos
- Cash dollars
- Spare Debit Card
- Photo Storage

## Toiletries

- Suncream
- Insect Repellent
- Mini First Aid Kit
- Hand Sanitizer
- Condoms
- SPF Lip Balm
- Toothbrush + Paste
- Shampoo
- Showergel
- Feminine Hygiene